

# THIS IS NOT A SNEAKERS AD.

*Keeping the head down or avoid eye contact is a very common symptom in people who may suffer from anxiety, depression, trauma, PTSD and ASD. To broaden our organization and promote a tangible increase in mental health awareness, we need your help as well.*

*Looking down must be only for checking the shoes.*



Support us by **donation** or **5x1000**  
Discover more on [www.amicidellamente.org](http://www.amicidellamente.org)

Volunteer Organization and non-profit Association for mental health advocacy.